

PRESS RELEASE

SEE REALITY MORE CLEARLY: RUBIN MUSEUM'S TENTH SEASON OF
POPULAR BRAINWAVE SERIES WILL EXPLORE PERCEPTION***Brain Experts Meet Notable Personalities to Illuminate How Experiences
and Senses Shape Our Understanding of the World and the Self***

New York, NY (December 28, 2016) – The wildly popular Brainwave series at the Rubin Museum of Art returns for its tenth season to investigate the limits and potential of our own perception. Featuring unscripted on-stage conversations, immersive experiences and film screenings, Brainwave brings together experts and notable personalities to peel back layers of thinking and trade insights from science, spiritual teachings, and personal experiences. Notable guests include: *The Godfather* editor **Walter Murch**, chef and flavor activist **Dan Barber**, positive psychologist **Samantha Boardman**, former Sotheby's auctioneer **Tobias Meyer**, and more.

As partisanship, identity politics, and media bias continue to dominate headlines, Brainwave Perception will examine how personal filters shape the way we perceive the world and the self, helping to promote greater empathy and understanding. Taking cues from the Rubin Museum's collection of Buddhist art, current science, philosophy, and spiritual thinking, Brainwave will investigate how perception is formed and forms us.

"The first step to understanding the limits of your own perception is to become aware that those limits are there" said Tim McHenry, Director of Programs and Engagement at the Rubin, who curates the series. "Whether it's a film or a conversation between guests from different walks of life, Brainwave will heighten that awareness, provoke questions, and invite reflection. You will come away learning something new about how you view the world."

The 2017 *Brainwave* schedule follows below. Rubin Museum members can purchase advance tickets on January 9 and 10. Tickets go on sale to the general public on January 11, 2016. For ticket information and updates on events, please visit: www.RubinMuseum.org/Brainwave

CONVERSATIONS + EXPERIENCES**Rohan Gunatillake + Tracy Dennis**

Is enlightenment technically possible?

Wednesday, January 25, 2017

7:00 PM

Rohan Gunatillake, creator of the best-selling meditation app buddhify meets with Psychology professor Tracy Dennis to explore technology's role in meditation and the seemingly contradictory act of "plugging in to unplug."

David Nichtern + Ethan Nichtern + Samantha Boardman

February 1, 2017

7:00 - 8:30 PM

Father David and son Ethan Nichtern have each had a profound impact on the meditation community in the United States. In this Brainwave talk they meet with positive psychologist Samantha Boardman to discuss the perspective that mindfulness can bring to our political climate.

Christine Ha + David Linden

How to cook by touch

February 3, 2017

7:00 - 8:30 PM

The season three winner of MasterChef (and its first contestant who is blind), joins neuroscientist David Linden to break down the science of Ha's extraordinary palate and understand how we perceive touch, taste, and smell.

Walter Murch + Heather Berlin

How is movie magic made?

February 4, 2017

3:00 - 4:30 PM

Legendary film editor Walter Murch (*Apocalypse Now*, *The English Patient*) and neuroscientist Heather Berlin demonstrate how image and sound can be manipulated to change our perception of the truth.

Lawrence Weschler + Walter Murch

February 4, 2017

6:00 - 7:30 PM

In a rare conversation between writer and subject, Pulitzer Prize nominee Lawrence Weschler will discuss *Waves Passing in the Night*, his new profile of Walter Murch, a film legend and amateur astrophysicist.

Dan Barber + Sheena Iyengar

February 6, 2017

7:00 - 8:30 PM

In his book, *The Third Plate*, chef Dan Barber argues that we need to make different eating choices. He meets with Sheena Iyengar, an expert in the science of decision making, to discuss whether that type of change is possible.

Lidia Bastianich + Gary Beauchamp

February 8, 2017

7:00 - 8:30 PM

Have we evolved to enjoy certain flavors? Restaurant mogul Lidia Bastianich conducts a tasting with you, the audience, and with chemical senses expert Gary

Beauchamp to discover why we taste and smell the way we do and how that informs what we like to eat.

Lodro Rinzler + Judson Brewer

February 10, 2017

7:00 - 8:30 PM

Prepare for the anguish of Valentine's Day: Shambhala teacher Lodro Rinzler and psychiatrist and addiction expert Judson Brewer will dive into a conversation about love, suffering, and how emotion colors perception.

Asi Wind + Tony Ro

Why Magicians are Master Manipulators

February 15, 2017

7:00 - 8:30 PM

A neuroscientist shines a light on how sleight of hand diverts attention and distorts our perception, and how the brain processes illusion.

Khentrul Thokmeth Rinpoche + Gaëlle Desbordes

March 12, 2017

6:00 - 7:30 PM

Can meditation change the world? Khentrul Thokmeth Rinpoche sits down with neuroscientist Gaëlle Desbordes to explore meditation's potential effects on the brain and the planet.

NYPD's Ralph Cilento + Amy Herman

Would you be a reliable witness to a crime?

March 15, 2017

6:00 - 7:30 PM

In this interactive workshop, Herman, founder and president of The Art of Perception, Inc., sits down with Lieutenant Ralph Cilento to help us solve a crime.

Hod Lipson + Y-House

A.I. and Avatar: The New Explorers

March 29, 2017

7:00 - 8:30 PM

Join roboticist and TED Talk alumnus Hod Lipson and a panel of scientists and philosophers as they discuss cutting-edge research on the nature of machine learning and the human story.

Maureen Chiquet

How are women perceived in the workplace?

April 19, 2017

7:00 - 8:30 PM

Former CEO of Chanel Maureen Chiquet discusses her rise through the ranks, obstacles she faced, and successes she achieved, while giving advice for future generations in their quest to break the glass ceiling.

Ted Chiang + Dean Buonomano

Can we trust how our brain tells time?

April 21, 2017

7:00 - 8:30 PM

Neurobiologist Dean Buonomano challenges our grasp of time, space, and the beyond with the help of Ted Chiang, the science fiction writer behind the blockbuster film *Arrival*.

Tobias Meyer + Frank Moore

What makes a true work of art?

April 26, 2017

7:00 - 8:30 PM

A prominent art dealer and former principal Sotheby's auctioneer sits down with a neurosurgeon to discuss how we perceive authenticity

Mirror Meditation

Compassion by reflection

April 29, 2017

2:00 - 4:00 PM

Scientists are finding that gazing at one's reflection in the mirror without an agenda reduces stress, anxiety, and depression while increasing self-compassion. In this workshop, you will confront yourself and your emotions.

FILMS

CABARET CINEMA: PERCEPTION

Can the truth truly be trusted? Is it objective or rather tinted by our experience and memories? Perhaps there is no better medium with which to explore these questions than the illusory cinema. Films include:

- **Kensho at the Bedfellow** introduced by Brad Raider
- **Lost Highway** introduced by Elissa Aminoff
- **Vertigo**
- **Rashomon** introduced by Steven Young
- **Dark Passage**
- **Duck Soup**
- **Rear Window** introduced by Tony Ro
- **Her** introduced by Eran Agmon
- **Eternal Sunshine of the Spotless Mind** introduced by Liza Solomonova
- **The Iron Giant**
- **The Matrix** introduced by Olaf Witkowski
- **The Lady of Shanghai**

Full descriptions can be found at RubinMuseum.org/CabaretCinema.

Fridays, 9:30 PM

\$10; free to Rubín members

ABOUT THE RUBIN MUSEUM OF ART

THE RUBIN MUSEUM OF ART
150 WEST 17TH STREET
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The Rubin Museum of Art is an arts oasis and cultural hub in New York City's vibrant Chelsea neighborhood that inspires visitors to make powerful connections between contemporary life and the art and ideas of the Himalayas, India, and neighboring regions. With a diverse array of thought-provoking exhibitions and programs—including films, concerts, and on-stage conversations—the Rubin provides immersive experiences that encourage personal discoveries and spark new ways of seeing the world. Emphasizing cross-cultural connections, the Rubin is a space to contemplate the big questions that extend across history and span human cultures.

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