THE CLEAN MUD

MATERIALS

1. 1½ cups of dishwashing soap  
   (preferably Dawn Platinum Advance Power)
2. 2½ cups of water
3. 5 different shades of food coloring
4. Half roll of toilet paper  
   (preferably Charmin Ultra Soft)
5. 1 roll of Bounty tissue paper
6. 1 large bowl

ABOUT

According to the Tibetan calendar, 2018 is the year of the Earth Dog. The Rubin is celebrating by painting with one of earth’s most elemental materials: mud. Tibetans have used mud and other natural materials in their artwork since Buddhism was first introduced to Tibet, including beautiful masterpieces made from clay. For this activity, we will use soap and food coloring to make a special clean rainbow mud. Gather your favorite kids for this fun DIY project, and don’t be afraid to get dirty!
Step 1
Divide the 1½ cups of water into 5 different bowls.

Step 2
Add 3-5 drops of food coloring to each bowl.

Step 3
Divide the dishwashing soap equally among the 5 bowls. (If you use a different brand, you may need more soap.)

Step 4
Stir the soap and food coloring together until they are completely mixed.

Step 5
Tear the toilet paper into single sheets and divide them among the 5 bowls.
INSTRUCTIONS

Step 6
Allow the liquid mixture to soak completely into the toilet paper; stir if necessary.

Step 7
Place all 5 colors into a large bowl, and have fun playing with your rainbow-colored clean mud!