HEAD, HEART, OR GUT? THE RUBIN MUSEUM OF ART BUILDS “THE WISDOM MATRIX” IN NEW FALL SERIES

On-stage conversations, experiences and films examine how we can make wiser decisions

New York, NY (August 15, 2016) – This fall at the Rubin Museum of Art, experts from a variety of fields will tackle the difficult concept of wisdom and why it still matters in our era of information overload. Featuring on-stage conversations, as well as immersive experiences and film screenings, “The Wisdom Matrix” will bring together eclectic personalities including actor Mia Farrow, musician Rosanne Cash, humorist and ethics columnist Randy Cohen, actor Steve Buscemi, author and NPR host Krista Tippett, Zen poet Norman Fisher, comedienne Ilana Glazer, and many more, to explore how the head, heart, and gut each play a role in wise decision-making. The four month series will also invite visitors to personally reflect on their own definitions of wisdom through experiences like Mirror Meditation.

“True wisdom is very distinct from simple information or knowledge, so our objective this fall is to get wiser about what wisdom really is” said Tim McHenry, Director of Programs and Engagement at the Rubin, who curated the series. “As we bring together many of the world’s leading thinkers on the subject, the real intrigue will come when visitors encounter their own interpretations of wisdom, reflect on the things they don’t yet know, and discover how they can use reasoning, compassion, and instinct when they reach crucial turning points in their own lives.”

Highlights of The Wisdom Matrix include:

- Comedienne Ilana Glazer unpacks how intuition is used on stage and on screen with psychologist David Ludden
- The actress and activist Mia Farrow shares some of her realizations of later life with Broadway playwright and director James Lapine in a freewheeling conversation about the truths gathered on life’s path.
- Meditation teacher Sharon Salzberg is invited by humorist Randy Cohen to talk about one person, one place, and one thing that is important to her.
- Broadcaster Krista Tippett and author Elizabeth Lesser address the nature of giving, forgiveness, and the implications of following the poet Rumi’s invitation “Out beyond ideas of wrong doing and right doing there is a field. I’ll meet you there.”
- “Body Wisdom” ticketholders will wander the galleries to encounter ongoing, intimate dance performances in direct dialogue with art from the Rubin Museum’s collection, curated by choreographer Keely Rakushin Garfield.
- Rosanne Cash gives an acoustic performance in response to her own
definition of wisdom

- During the U.S. film premiere of *InnSaei* (The Power of Intuition), gorgeous animation and stunning imagery will offer radical insights into how we think and sense the world today, including interviews with artist Marina Abramović, neuroscientist Mari Spiegelman, and West African elder Malidoma Patrice Somé.


#WisdomMatrix

**ON-STAGE CONVERSATIONS**

Saturday, September 10, 3:00 PM
Gyetrul Jigme Rinpoche + Tony Cointreau
Treating the Dying
$20; 10% off for members

Monday, September 12, 7:00 PM
Norman Fischer + Rabbi Marcelo Bronstein
Talmud Meets Zen
$22; 10% off for members

Wednesday, September 21, 7:00 PM
Jessica Tracy
Take Pride
$25; 10% off for members

Wednesday, October 5, 7:00 PM
Amitav Ghosh + Naomi Oreskes
The Great Derangement
$25; 10% off for members

Wednesday, October 19, 7:00 PM
David Bodanis
Einstein’s Great Mistake
$25; 10% off for members

Monday, October 24, 7:00 PM
Ilana Glazer + David Ludden
On Intuition
$35; 10% off for members

Wednesday, November 2, 7:00 PM
Mia Farrow + James Lapine
The Moment of Giving
$45; 10% off for members

Wednesday, November 30, 7:00 PM
Akeel Bilgrami + David Bromwich
What Gandhi and Lincoln Can Teach Us
$18; 10% off for members

Sunday, November 20, 7:00 PM
Sharon Salzberg + Randy Cohen
Ethics
$30; 10% off for members

Wednesday, December 7, 7:00 PM
Sam Bercholz + Steve Buscemi
A Guided Tour of Hell
$30; 10% off for members

Monday, December 12, 7:00 PM
Elizabeth Lesser + Krista Tippett
Becoming Wise
$35; 10% off for members

Saturday, December 17, 3:00 PM
Tao Porchon-Lynch + Karl A. Pillemer
The Secret to a Good Life
$25; 10% off for members

EXPERIENCES AND SPECIAL PERFORMANCES

Monday, September 12, 7:00 PM
Mirror Meditation
$30; 10% off for members
“Through mirror meditation, you come to realize that there is really no escape from yourself. You see your own joy and suffering and it evokes self compassion.”
—Dr. Tara Well

Thursday, September 22
Body Wisdom: Pentacle Celebrates Forty Years
$20; 10% off for members
The dance and theater support organization Pentacle presents a gallery-wide dance and movement experience that explores life through animating the body.

Friday, December 9
Acoustic Cash
Rosanne Cash
$85; 10% off for members

FILMS
Wednesday September 14, 8:00 PM
The Great Transmission
$15; 10% off for members
The Great Transmission explores the remarkable journeys Buddhist knowledge has made in the course of its 2,500-year lifespan. It meditates on the fragility of knowledge in the face of global events and asks the crucial question: What is the future of this ancient wisdom?

Friday, September 23, 7:00 PM
InnSaei (The Power of Intuition)
$18; 10% off for members
Gorgeous animation and stunning imagery fuel this new film from Iceland that offers radical insights into how we think and sense the world today. The film includes contributions by artist Marina Abramović, neuroscientist Mari Spiegelman, and West African elder Malidoma Patrice Somé.

Additional screenings:
Saturday, September 24
Sunday, September 25
Monday, September 26

CABARET CINEMA
Fridays, 9:30 PM
$10; free for members

September
Consciousness Hacking: Mind expanding film experiences that celebrate the convergence of science, spirit, and humanity

October/November/December
The Getting of Wisdom: Ten classic films each call into question the means by which wisdom is attained.

October 7
Meetings with Remarkable Men (1979)

October 21
The Thief of Baghdad (1940)

November 4
Nostalghia (1983)

November 11
Lost Horizon (1937)

November 18
The Party (1968)
December 2
The Holy Mountain (1973)

December 9
Onibaba (1964)

December 16
The Sword in the Stone (1963)

December 23
Show Boat (1936)

December 30
Animal Farm (1954)

FAMILY PROGRAMS

Sunday, September 18, 3:00 PM
I Am Yoga
$15 for adults; $10 for children; 10% off for members
Practice yoga poses with Susan Verde while she reads from her new book I Am Yoga.

Sunday, November 13, 3:00 PM
Mindful Sunday
$15 for adults; $10 for children; 10% off for members
You can cultivate a mindful family. Neuroscience researcher Ayman Mukerji Househam shows you how.

ABOUT THE RUBIN MUSEUM OF ART
The Rubin Museum of Art is an arts oasis and cultural hub in New York City’s vibrant Chelsea neighborhood that inspires visitors to make powerful connections between contemporary life and the art and ideas of the Himalayas, and neighboring regions, including India. With a diverse array of thought-provoking exhibitions and programs—including films, concerts, and on-stage conversations—the Rubin provides immersive experiences that encourage personal discoveries and spark new ways of seeing the world. Emphasizing cross-cultural connections, the Rubin is a space to contemplate the big questions that extend across history and span human cultures.

For further information, please contact:
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